

FORT LAUDERDALE DERMATOLOGY

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Finding the right medical and cosmetic dermatologist begins with credentials. Dr. Eric Wilkerson with Fort Lauderdale Dermatology is a board-certified dermatologist, who is a double fellowship-trained Mohs surgeon and cosmetic dermatologist, providing the safe treatments and services one can trust.

As native Kentuckian, his Midwestern kindness is the first thing one discovers upon meeting with him. Dr. Wilkerson understands that many of the medical dermatology issues patients seek treatment for are very personal matters. His compassion is quite genuine when treating skin conditions like acne, Eczema, Melasma, Psoriasis, and skin growths.

Upon his recent move to the Sunshine State, notable concerns developed for the doctor when it came to the South Florida sun and his patients. According to SkinCancer.org: 90% of skin aging is caused by sun; at least 1 in 5 Americans will develop skin cancer by age 70; 9,500+ people in the US are diagnosed with skin cancer every day.

“Sun damage is what can lead to cancer. Anyone from any background with any skin color can get skin cancer,” Dr. Wilkerson explains. “The most important tip to maintain healthy skin is to remember your sun

protection and use it correctly, and, if your skin is dry, combine it with a moisturizer.”

“Dermatologists recommend sun protective clothing, wide-brimmed hats, and a sunscreen of SPF 30 or higher applied in a sufficient amount and reapplied every 90 minutes to protect from the aging and cancer-inducing ultraviolet radiation from the sun. Maintaining a healthy skin barrier with proper moisture is also beneficial to maintain healthy skin,” he adds.

Unfortunately, time also comes into play. “Skin aging begins around age 20 and collagen loss in the skin is around 1% per year after,” notes Dr. Wilkerson. “A proper skincare regimen, and in-office low downtime treatments such as microneedling and platelet-rich plasma (PRP) can help build collagen and decrease the signs of aging.”

Platelet-rich plasma (PRP) is rapidly growing in popularity because of its promising benefits for rejuvenation and hair growth. Fort Lauderdale Dermatology has state-of-the-art equipment to perform PRP treatments with or without microneedling for both men and women for a variety of cosmetic and hair benefits – with minimal or zero downtime.

“Botox® is always popular as well, of course,” Dr. Wilkerson adds with a kind smile.

Fort Lauderdale Dermatology is located at 2021 E. Commercial Blvd., Suite 301, Fort Lauderdale. For more information, visit FortLauderdaleDerm.com or to make an appointment call 954.686.1641.



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